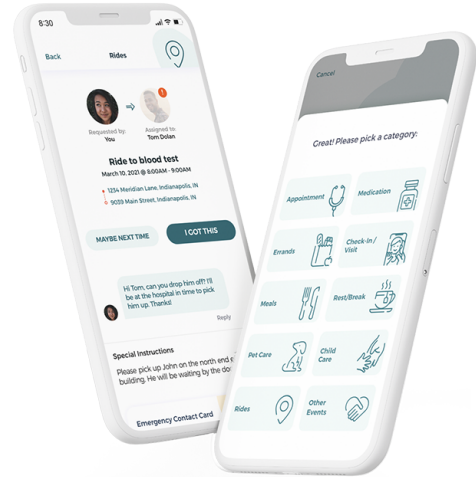


Getting Started with ianacare

ianacare provides practical & emotional support for family caregivers.

Connect and coordinate with friends and family, utilize employee benefits, discover local resources and get personalized guidance from Caregiver Navigators – all at no cost to you.



How to begin



Create your ianacare account
app.ianacare.com/otsuka



Download the mobile app



Start your support journey

3 ways to receive support

1

Organize & mobilize your friends & family

Start your team

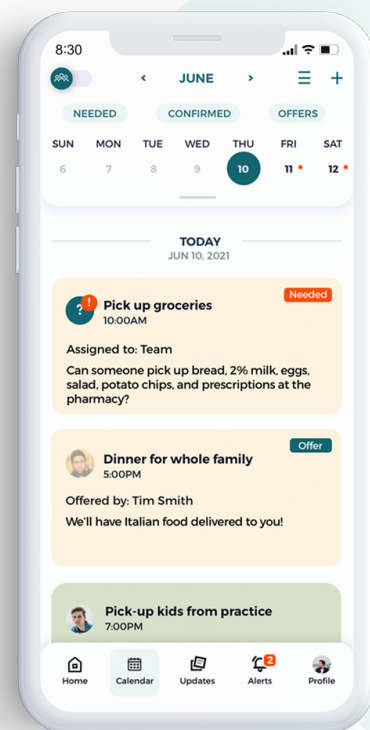
Tell us about your caregiving situation. The more we know, the more we can proactively coordinate support.

Invite your people

Simply invite your family, friends, neighbors, co-workers, and other supporters all into one place.

Manage support

Communicate specific ways your people can help you so they can show up. We do the thinking, so all you need to do is click "Accept" or "Next time".



UNLOCK SUPPORT

2

Access benefits & resources *personalized for you*



Physical Health: Take care of your own health, so you can care for others.



Mental Health: Emotional wellbeing is important for overall health.



Care Management: Understand your care options and connect with solutions.



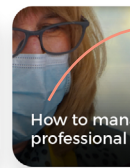
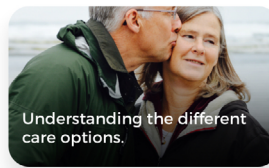
Work | Life Manage the ever-changing dynamics of work and life.



Finance | Legal: Be prepared with key documents and resources.



Basic Needs: Get assistance with your daily living essentials.



Your benefits and resources

Employer Benefits

Understand and unlock the benefits and programs your employer offers.



Local Resources

Curate and connect to the resources and services available in your local area.



Expert content to support your journey.

Benefits already available to you.

Local resources curated by any zip code.

3



Connect with a Caregiver Navigator

to guide and advise you

Get matched with a personal Caregiver Navigator to help vet, assess, and connect you directly with the support services and resources you need. Access to your Caregiver Navigator is unlimited.

We're here to support you.

CREATE YOUR ACCOUNT

If you have any questions or need assistance, please contact info@ianacare.com